



# New ways to communicate:

*A practical workshop to challenge how we communicate in professional practice using neuro-linguistic programming*

**12 June, SoR HQ, London**

Neuro-linguistic programming (NLP) is an excellent tool that is effective in: achieving personal excellence; managing change with success; improving communication; coaching / mentoring; multi-disciplinary working; managing others ethically; leadership.

This one-day workshop will inspire and enthuse delegates, providing solid practical skills for immediate use and benefit in the workplace. Specific learning outcomes include:

- Increased knowledge and understanding of some key NLP techniques and their potential use within radiography;
- Knowledge of, and confidence to use, a practical tool to help resolve conflict and understand and work with difference of opinion;
- Acquire a better understanding of self in the professional context;
- Improved practical skills to communicate more effectively with patients and colleagues;
- Increased motivation to return to practice and make a difference in the workplace.

The facilitators for the day are:

- Suzanne Henwood, who is a diagnostic radiographer by background, and now an NLP practitioner.
- Jim Lister, training director of the C:Change Partnership (a coaching, training and development company) and a qualified NLP practitioner and coach.

## Programme

9:30am **Coffee and registration and working agreement**

10:00am **Context: What is neuro-linguistic programming (NLP) and what can it offer radiographers?**

10:30am **NLP – a practical example: Exploring perceptions and diverse maps**

*Understanding self in a professional context  
Understanding others*

11:30am **NLP – a practical tool: Expert communication**

*Exploring how to avoid communication problems  
Looking at communication as more than just talking  
Using NLP to overcome conflict and resolve differences*

12:30pm **Lunch**

1:30pm **Expert communication**

3:00pm **Coffee**

3:15pm **Introduction to improving your own performance**

*Including goal setting, action planning and self-management*

4:30pm **Feedback and responses**

5pm **Close**

**A registration form for this event is available in this issue of Synergy News and on the SoR website at [www.sor.org](http://www.sor.org)**

